

JENNIFER LEYTON-ARMAKAN, PH.D.

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EDUCATION

UNIVERSITY OF VIRGINIA, Charlottesville, VA **2012**
Doctor of Philosophy, Clinical Psychology Curry School of Education
Masters of Education, Clinical Psychology **2008**

NORTHWESTERN UNIVERSITY, Evanston, IL **2007**
Bachelor of Science, School of Education and Social Policy.
Human Development & Psychological Services, Honors Program: GPA: 3.75

UNIVERSIDAD PANAMERICANA, Mexico City, Mexico, D.F. **2005**
Certificate of Public Health & Advanced Spanish Language

WORK EXPERIENCE

The Stone House, Falls Church, VA **2012- Current**
Full-Time Licensed Clinical Psychologist

- Provide individual and family therapy to children, adolescents and adults in private practice.
- Integrate empirically-based cognitive-behavioral and body-mind approaches to intervention.
- Areas of specialization: trauma, anxiety, mood disorders, grief/loss, ADHD, and life transitions.

API Associates, Washington D.C. **2012- 2014**
Post-Doctoral Clinical Therapist

- Provided assessment and therapy to children and families in outpatient and in-home setting.
- Treated patients at-risk of foster care placement and juvenile justice involvement.
- Worked with adolescents with complex trauma history and substance abuse disorders.

Howard University Counseling Services, Washington D.C. **2011-2012**
Clinical Psychology Pre-Doctoral Intern

- Provided brief, long-term individual and group psychotherapy for young adults.
- Taught introductory level graduate student counseling course and offered clinical supervision.
- Designed and implemented outreach programs for student organizations and campus community.

District of Columbia Superior Court Child Guidance Clinic **2011-2012**
Clinical Psychology Pre-Doctoral Intern

- Conducted comprehensive psychological assessments for court-referred adolescents who committed property, violent, and sexual offenses.
- Integrated psychological assessment results from cognitive, psychological, and achievement measures including the Wechsler Intelligence scales, the Woodcock Johnson tests of Achievement, the Rorschach, and Millon inventories.

Howard University Hospital, Department of Psychiatry, Washington D.C. **2011-2012**
Clinical Psychology Pre-Doctoral Intern

- Conducted intake interviews and brief interventions for adults in inpatient unit.
- Treated adults with moderate to severe psychiatric and substance abuse disorders.
- Collaborated with multidisciplinary treatment team to coordinate treatment and aftercare plan.

Family Stress Clinic, Department of Family Medicine, UVA Health Sciences **2010-2011**
Charlottesville, VA
Individual and Family Therapist

- Provided individual, couples, and family therapy to children, adolescents, and adults in a hospital setting that serves individuals from urban, suburban, and rural communities.
- Collaborated with physicians throughout hospital, regarding the mental health care of patients.

Young Women Leaders Program, Curry School of Education, Charlottesville, VA **2007-2011**
Program and Facilitator Coordinator

- Provided weekly training for mentoring group facilitators of YWLP, an after-school program for at-risk adolescents combines group-based and one-on-one intervention.
- Developed and implemented cultural competency training program for facilitators and mentors.
- Supervised college student facilitators in implementing a year-long research-based intervention for groups of mentor-mentee dyads.

Center for Clinical Psychology Services, University of Virginia, Charlottesville, VA **2009 - 2010**
Assessment Supervisor

- Supervised masters-level assessment coordinators through test preparation, live observation, report revisions, and case management consultation
- Managed cognitive and psychological testing instruments, protocols, and other relevant assessment materials.

Assessment Coordinator **2008 - 2011**

- Conducted full psychological assessments using cognitive, personality, and educational measures, including projective assessments. Integrated test results, background information, and referral questions into a comprehensive report.
- Provided feedback and treatment recommendations to parents, schools, and agencies.

Associate Therapist **2008 - 2009**

- Treated middle-aged and young adults in an outpatient community clinic.
- Integrated evidence-based modalities in treating patients with variety of psychological and behavioral health issues.

Blue Ridge Juvenile Detention, Charlottesville, VA **2009 - 2010**
Associate Psychological Examiner and Therapist

- Conducted comprehensive psychological evaluations and therapy services to residents at a juvenile detention center participating in a six-month Post-Dispositional program.
- Developed and implemented a violence prevention group to male and female juvenile residents integrating evidence-based group treatment.
- Provided crisis assessment and consultation to security and treatment staff.

Burley Middle School and Greenbrier Elementary School, Albemarle County Schools **2008-2009**
School Psychology Intern

- Provided weekly individual, dyadic, and group therapy for students ages 5-13
- Conducted evaluations, synthesized results and wrote psychological reports, provided assessment feedback to interdisciplinary educational team and parents. Consulted with teachers regarding best practices for working with students with learning disabilities and/or emotional and behavioral concerns.

Children's Memorial Hospital—Department of Psychiatry, Chicago, IL **2006**
Partial Hospitalization Intern

- Charted patient behavior, taught classes for patients aged 5 to 17, and facilitated group therapy.
- Participated in weekly family sessions, working closely with Spanish-speaking parents to implement behavior plans.

RESEARCH EXPERIENCE

Young Women Leaders Program **2007 - 2011**
Graduate Research Assistant

- Administered data collection for school-based youth mentoring program involving middle school girls, parents and college student mentors. Measured program effectiveness on individual, dyadic and group levels, specifically targeting diversity-related analyses and measurement.
- Dissertation defended May, 2012. Committee: Edith Lawrence, Ph.D., Nancy Deutsch, Ph.D., and Joanna Lee Williams, Ph.D.

Universidad Panamericana, Mexico City, Mexico, Distrito Federal. **2005**
Research Assistant

- Investigated mental health of adolescents in greater Mexico City at the National Institute of Psychiatry through World Health Organization initiative involving genetics and psychosocial perspectives.
- Conducted clinical interviews with Mexican adolescents and parents about symptoms and stressors.

Northwestern University-Department of Psychology, Evanston, IL **2004 - 2005**
Research Assistant

- Contributor to Dr. Eli Finkel's Social Psychology Lab examining high maintenance interactions and self regulation. Conducted multiple experiments on human subjects; created participant schedules, entered and analyzed data.

AFFILIATIONS

Board of Directors Membership

The Josh Anderson Foundation – Youth Suicide Prevention Non-Profit, FCPS	2012 -Current
Safe Community Coalition – Mental Health Committee McLean, VA	2012 -Current

Professional Certifications

Somatic Experiencing, The Trauma Institute – Certificate of Completion (3-year program)	2015
Yoga Teacher, Studio DC (200-hour Teacher Training)	2014
LifeForce Yoga Practitioner (70-hour Yoga for Depression Training)	2013
Children’s Yoga Teacher, Karma Kids (30-hour Teacher Training)	2013

Organizations & Contributions

American Psychological Association, Member	2008 - Current
National Association of School Psychology, Graduate Student Member	2008 - 2012
Bridging the Gap: A Sustained Dialogue, Campus Founder and President	2006 - 2007
Delta Delta Delta, Chapter President	2006 - 2007
Northwestern Martin Luther King Day Committee, Member	2006 - 2007
Alianza Member, Latino Student Union	2003 - 2007

HONORS

Curry School of Education, Richard Abidin Award for Clinical Excellence	2011
Curry School of Education, A. L. Bennett Endowed Scholarship Recipient	2009
Curry School of Education, Richard Abidin Scholarship Recipient	2008
School of Education and Social Policy, Honors Program Graduate	2007
Sustained Dialogue Campus Network, Student of the Year	2007
Northwestern University, Greek Woman of the Year	2007
School of Education and Social Policy, Commencement Student Marshal	2007
National Scholars Honor Society	2007
“Hailey’s Hero” featured in CBS News for youth mentoring contribution	2009

PRESENTATIONS & PUBLICATIONS

Leyton-Armakan, J. Sustained Dialogue Leadership Exchange (2013). Moderator training and program consultation in Botswana.

Leyton-Armakan, J. Sustained Dialogue Annual Conference Presenter, New Moderator Track (2013) Training at Harvard College, Boston, MA.

Leyton-Armakan, J. Sustained Dialogue Campus Network Moderator Training (2012) Presentation and workshop at Harvard College, Boston, MA.

Leyton-Armakan, J. Sustained Dialogue Campus Network Moderator Training (2012). Presentation and workshop at Princeton University, Princeton, NJ.

Leyton-Armakan, J., Lawrence, E., Deutsch, N. & Lee, J. (2012) Effective Youth Mentors: The relationship between initial characteristics of college women mentors and mentee satisfaction. *Journal of Community Psychology*.

Leyton-Armakan, J. Panelist. "Identifying Culturally Competent Youth Mentors" APA Division 45 Conference, May 2012. The Society of the Study of Ethnic Minority Issues. University of Michigan.

Leyton, J., Lee, J. & Lawrence, E. "The role of ethnocultural empathy in positive mentee development." Presentation at Diversity Challenge, Institute for the Study and Promotion of Race and Culture, Boston College.

Leyton, J. & Lee, J. (2010) "Sister to Sister: Building empowered young women through mentorship" Virginia Policy Review, Jefferson Public Citizen. 31-36.

University of Virginia, Jefferson Public Citizens Award Recipient (2009-2010) Joanna M. Lee., Faculty Advisor, Jennifer Leyton, Graduate Student Advisor. The Young Women Leaders Program: The Sister-to-Sister Project" (\$ 25,280).

Panelist, Women in Leadership Conference, University of Virginia (February 2010). "The World is Different Now: Educating Our Girls for Success"

Presented at American Educational Research Association: Deutsch, N.L, Lawrence, E., Germain, L., Nyer, M., & Leyton, J. (2008) "Fostering connections across communities: College women, middle school girls and civic identities".

Presented at St. Johns Fischer's College (2009) "Sustained Dialogue Campus Network: Moderator Training".

Presented at University of Alabama (2008) "Sustained Dialogue Campus Network: Moderator Training".

Presented at Dickinson College (2008) "Sustained Dialogue Campus Network: Moderator Training"

Co-authored (2008) Young Women Leaders Program: Mentoring Handbook

Contributor, National Science Foundation Grant Proposal, Her Story Project: Integrating Computer Science Technology and Youth Mentoring (2008).

Presented at Honors Thesis Symposium, Northwestern University: Leyton, J. (2007) "Comparing Coping: Comparing Aspects of Coping & Psychological Well-Being of Latino/a and Non-Latino/a White Undergraduate Students".

Contributor, Eastwick, P & Finkel, E (2008). "Sex Differences in Mate Preferences Revisited: Do People Know What They Initially Desire in a Romantic Relationship?" *Interpersonal Relations and Group Processes. Journal of Personality and Social Psychology*, 2008, Vol. 94, No. 2, 245-264.

Contributor, Finkel, E. J, Eastwick, P. W., & Matthews, J. (2007) “Speed-dating as an invaluable tool for studying romantic attraction: A methodological primer”. *Personal Relationships*, 14, 149- 161

Young Women Leaders Program (YWLP) Summer Club Initiative, Buffet Fellowship Recipient. (2009)

REFERENCES

Ekwenzi Gray, Ph.D. Clinical Supervisor, Howard University Counseling Service. 6th & Bryant Streets, NW, G-7 Washington, DC 20059. (202) 806-5708. ekwgray@howard.edu.

Ayanna Watkins-Northern, Ph.D. Director of Howard University Counseling Service. 6th & Bryant Streets NW, G-7 Washington DC 20059. (202) 806-7733. awatkins-northern@howard.edu.

Edith “Winx” Lawrence, Ph.D. Professor, Department of Human Services, Curry School of Education, University of Virginia. 405 Emmet Street South, Charlottesville, VA 22903. (434) 924-7034. ecl2t@virginia.edu.

Theodore Siedlecki, Ph.D. Clinical Psychologist and Associate Professor, Department of Family Medicine, University of Virginia Health System. PO Box 800729, Charlottesville, VA 22908. (434) 243-6868.

Julia Blodgett, Ph.D. Assistant Professor, Department of Human Services, Curry School of Education, University of Virginia. 1039 Locust Ave, Charlottesville, VA 22902. (434) 242-2331. juliablodgett@earthlink.net.